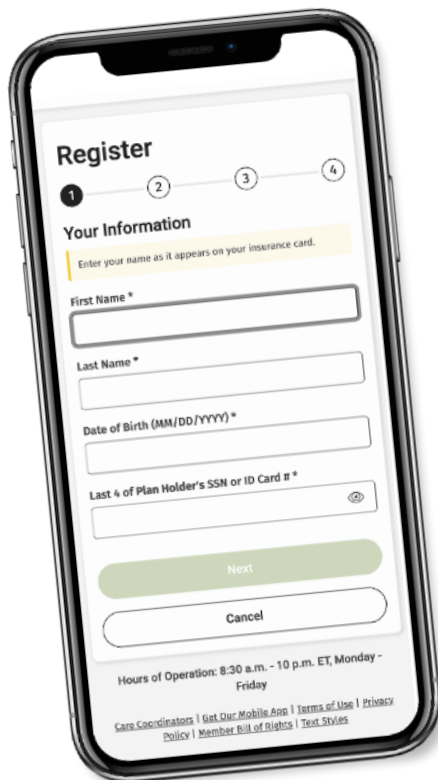# GET STARTED WITH QUANTUM HEALTH

HOW TO REGISTER

The Quantum Health app and website make managing your healthcare and benefits easier than ever.

1. **Download** the Quantum Health app or go to http://oregontool.quantum-health.com/.

2. Click on **Register**.

3. **Provide the information** requested. Anything with an asterisk (*) is required. You'll need to provide your first and last name, date of birth and last four digits of the plan holder's Social Security number.

4. Click **Next**.

5. **Set up** two-factor authentication using your email or mobile phone number.

6. **Check** for a verification code that will be sent to your email or phone.

7. **Enter** the verification code to complete your registration.

Your Quantum Health Care Coordinators are here to help

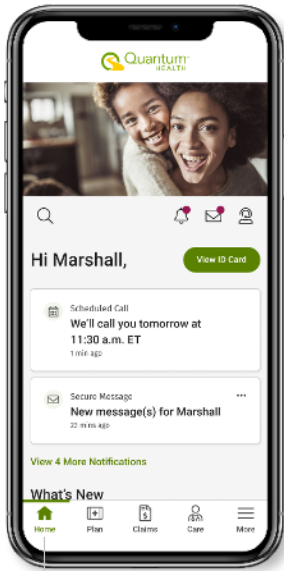If you can't find what you need or have any questions, contact us. We're just a tap, click or call away!

http://oregontool.quantum-health.com/

(866)920-2028
(Monday-Friday, 5:30 a.m.-7 p.m. PT)

NAVIGATING THE QUANTUM HEALTH APP AND WEBSITE

See your medical benefits:

3

1. Go to **Plan** and click on **Benefit Details.**

2. Tap or click on the dropdown menu to see the benefit you want to learn more about.

1 **Home page:** See your new notifications, secure messages, upcoming appointments and download your ID card.
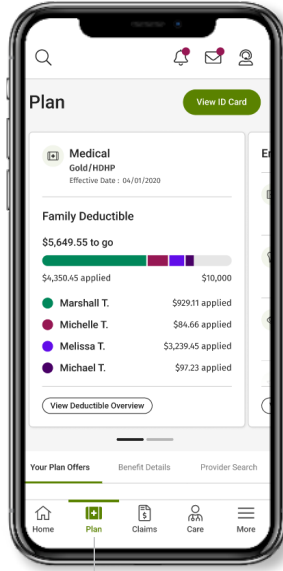
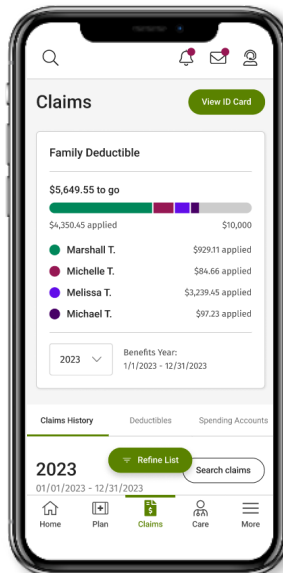2 **Plan tab:** View your plan and benefits details.

4 **Claims tab:** Manage your claims, review your deductibles and manage your accounts.

Go to **Claims** and click on **Claims History** to view all claims for you and your dependents.

NOTE: If your dependent is age 18 or over, they'll need to create their own account to give you access to their claims. In their Profile and Settings, under Privacy Authorization, your dependent will need to check the box for you to have access.
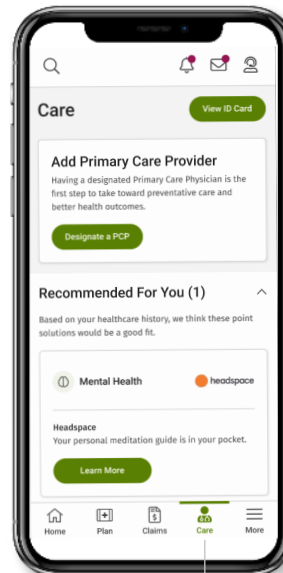
5 **Care tab:** Search for in-network providers, enter a primary care provider and review recommended care.
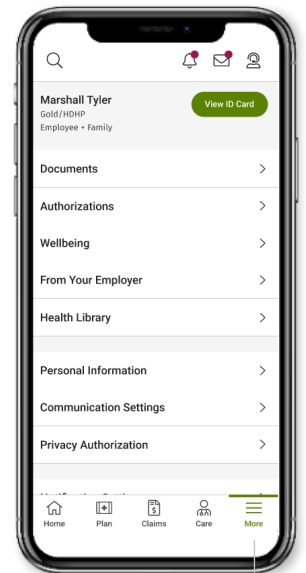
6 **More menu:** Update your profile, see plan documents and more.